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SUMMER 2021





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A MESSAGE FROM SCOTT REIS



Meadia Heights Members,

What a great start to the season it has been! From our Opening-Day Scramble to our 3-Day Member-Guest, it has been quite an experience. I am pleased to see so many of you spending time at the club. The course is in the best shape it has been in years — a HUGE shout-out to our grounds crew led by Bob “Rosie” Rosensteel! We thank you for your time bringing our course to life. We have come a long way in the past three years and have much more planned. We are currently working on our centennial year program with some great activities scheduled throughout 2022. Painting, new awnings, and repairs of the entire exterior of the clubhouse are now complete. They have certainly restored our 100-years-young clubhouse to its prime.

I would like to take some time to say welcome to all of our new members who have joined us this year. We are working hard to give you a great experience and hope you continue to enjoy your time at the club. We are EXTREMELY excited about our upcoming pool project. We are on the final steps and on track to break ground as early as mid-August. This great amenity will feature a 2,500-square-foot resort-style leisure pool, a full-service bar, and a kitchen for poolside food service. We will keep you updated on construction progress as we gear up for one of the most memorable seasons yet at Meadia Heights.

Member experience is our primary focus at Meadia, and in order for our golf members to have the best experience possible, memberships in all categories are limited. With all membership types rapidly filling up, now is the time to join. I am pleased to say our dining and Willow Valley memberships are full, and only a few social memberships remain. As we get closer and closer to our golfing membership limit, be sure to let your friends know: join now before we sell out!

Thank you to all our members, new and old, for being a part of our great club. I hope all of you are as excited as I am to see the continued improvements we are making here. We will continue to serve you and create the “Home Away from Home” experience you have come to expect. See you at the club!

Best,

Scott Reis
General Manager

WELCOME NEW MEMBERS

Join us in welcoming the newest members of the Meadia Heights family!

Gary Book
James Bounds
Catherine Brodersen
Bob Bronkema
Shane Brookhart
Nancy Butler
David Butterworth
Thomas Capizzi
Larry Cohen
John Cornwell
Richard Coyne
Ian Cunningham
Faye DeBerdine
Sam & Nadine Echternach
Mary Lynn Eggers
Kurt Engel
Cody Erb
Allen Ersek
Adam Evans
David Felpel
Daniela Gomez De La Torre
Francisco Gomez De La Torre
Jacob Green
Mary Gryszkowiec
Rev. David Hereshko
Jack Hess
Betty Holloway
Jim Holloway
Patrick Holmes
Steve Hoover

Bob Hunt
Denise Huxta Thompson
J Garber Enterprises, LLC
Robert Kelly
Susan Kelly
Evan King
Chris Knox
Scott Labrecque
Bradley Landis
Luke Landis
Greg Lapp
Tim Lapp
Ryan Laymon
John Lyons
Jack Malone
Sawyer Marten
Robert Mayfield
William McComsey
Ralph McLaughlin
Karen Meyer
Walter Meyer
Cindy Moore
Mark Moore
Brooks Mundy
Lynn Neely
Evan Newman
Rita O'Donnell
Beth Peirson
Alex Ready
Paul Reid

Jayden Rice
Art Richards
Randy Rider
Richard Rider
Joshua Rinier
Jeff Rudman
Jill Ruhland
Steven Saunders
Chris Schober
Linda Schwarzbach
Mark Smith
Noel Smith
Joe Spence
Barbara Stickler
Cole Stoltzfus
Jack Stover
Matthew Sueta
Paul Turano
Nicholas Veronis
Cassandra Vogel
Berkeley Wagner
Michael Wagner
Michelle Wagner
Bryce Wendler
Christian Will
David Woolley
Willie Wright

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MEMBER-MEMBER & MEMBER-GUEST
TOURNAMENT HIGHLIGHTS

• MEMBER-MEMBER •
MAY 29-30

WGA18 WINNERS: ROBIN STAUFFER & LISA DICHTER
MGA18 WINNERS: FRANK DANO & MIKE WOLF



• MEN'S MEMBER-GUEST •
JUNE 11-13

WINNERS: CORK HILLEN & GEORGE PETRELLIS
2ND PLACE: SHAWN GIPE & MIKE CONDRAN



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"Joel's Painting & Contracting provided **one of the best experiences I have had with a contractor.** We were so impressed with the job they did for our restaurant remodel, we had them repair and repaint the exterior of our 100-year-old clubhouse — no easy feat. Joel and his team took care of it all and did so in a professional, timely manner, transforming the building back to its prime. His professional knowledge put me at ease and exceeded our expectations. We will continue to use Joel for all our painting, building, and repairing needs!"

Scott Reis, General Manager,
Meadia Heights Golf Club

Joel's Painting provides painting and renovation services for both residential and commercial projects.
Ask about special pricing for Meadia Heights members!

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2021 TOURNAMENT SCHEDULE

WGA events are noted in brown | MGA events are noted in gray



JULY

1-31 Meadia Cup Round 2
1-31 Old Pal Round 2
10-11 Solheim Cup
13 WGA9 Cara Cup #2
24-25 Two-Lady Scramble

1-31 President's Cup Round 3
& Senior CC Round 1
10-11 Ryder Cup
15 Senior Group #3
24-25 Two-Man Scramble

AUGUST

1-31 Meadia Cup Round 3
1-31 Old Pal Round 3
1-9/15 Shootout Qualifying
3 WGA9 Cara Cup #3
10 WGA9 Club Championship Qualifying
14-15 Charter Cup
24 WGA9 Club Championship Finals
28-29 Club Championship

1-31 President's Cup Round 4
1-31 Senior Club Championship Round 2
1-9/8 19-Man Shootout Qualifying
14-15 Charter Cup
19 Senior Group #4
28-29 Club Championship



SEPTEMBER

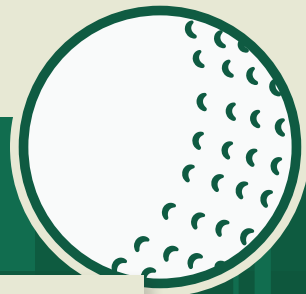
1-30 Meadia Cup Round 4
1-30 Old Pal Round 4
4-5 Ultimate Better Ball (NEW)
11-12 Mixed Club Championship
25 Shootout
28 WGA9 Closing Day

1-30 President's Cup Round 5
1-30 Senior Club Championship Round 3
4-5 Ultimate Better Ball (NEW)
9 Senior Group #5
11-12 Mixed Club Championship
16 One-Day Member-Guest
18 19-Man Shootout

FALL/WINTER

Oct 9 Junior Club Championship
Oct 10 LLCCGA Shootout
Oct 20 WGA18 Closing Day
Oct 23 WGA18 Closing-Day Cross-Country Scramble
Nov 27 Thanksgiving Family Invitational (NEW)

Oct 2 Ritter Cup
Oct 9 Junior Club Championship
Oct 16 Meadia/Lebanon Challenge
Oct 23 Closing-Day Shamle
Oct 30 Greenskeeper's Revenge
Nov 27 Thanksgiving Family Invitational (NEW)
Dec 24 Christmas Eve One Club



2021 SOCIAL EVENTS



JULY

15 Wine Dinner
31 Fête en Blanc

AUG

19 Gin Dinner

SEPT

23 Cigar Dinner

OCT

14 Sagamore
Whiskey
Dinner

NOV

6 Pasta Night
9 Wine & Painting



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EVERYTHING IS ROSIE

The birds are chirping, the sun is shining, and the grass is green.

Sounds like a perfect spring day, but the calendar says it is the third week of June (as I write). The weather this year has been good for the most part, and the golf course has responded well to our maintenance practices. The rough is, well, rough, but has filled in nicely. I am pleased with the playability and the look of our layout.

The newly rebuilt portion of the 4 and 13 tee is playable but not as thick as I would like it. We will reseed and fertilize along with the

remaining parts of the tee in the fall.

As we exit June and get to the next couple of months, the turf will be under extreme pressure from heat, drought, disease, insects, and yes, even mowing. It is crunch time, and you can be sure we will do our best to continue to bring you the best possible playing conditions for your golfing experience. I hope you are pleased with our efforts to date.

I hope all are well, and thank you for your patience and understanding.

Rosie



JUST IN!

Daphne's Headcovers for \$30



VISIT OUR PRO SHOP!

AT THE PRO SHOP

COMING IN SEPTEMBER

Show your Meadia Heights pride with merchandise featuring our limited-edition centennial logo! We'll have a variety of apparel and accessories from new and traditional companies like TurtleSoul, Levelwear, FootJoy, Greg Norman, and more.

Also, look out for new products — **including some never before seen at Meadia Heights** — perfect for the holiday season. (It will be here before we know it!)

Centennial •1922-2022• Celebration

In 2022, Meadia Heights Golf Club will be celebrating its centennial. As we prepare for a year of great events ahead, we've started looking back on the history of our Home Away from Home.

In 1922, U. Grant Barr, W. H. Foote, P. W. Bowers, and William C. Brecht began laying the plans to transform the farm on Meadia Hill into a 27-hole golf course. Designed by club member H. W. Brubaker, the course itself would span 160 acres, with a par of 74. The first nine holes were ready for play by that August.

A bank barn on the property was converted to a clubhouse, complete with a series of meeting, lounging, and locker rooms, and a wraparound porch was added. The club also featured a swimming pool — an amenity we can't wait to bring back in 2022. Membership quickly filled, and the history of Meadia Heights Golf Club began.

Fast-forwarding in our history a little bit, Wayne Cleary, Superintendent from 1972 to 1974, generously provided these photos of Meadia Heights in the 1970s.





Matt
Long

Member Spotlight

When did you join Meadia Heights, and why did you decide to join the club?

I joined in August 2018 after ten years of minimal golf activity while supporting my children and their activities. With my youngest now in high school, I was looking to get back to playing more golf as well as enjoying the other events and fellowship that come along with membership.

What is your favorite Meadia Heights memory?

Prior to November 14, 2020, and my hole in one on #13, I would say the reopening of the 19th Hole. That evening was filled with energy and excitement around the club. Special thanks to Daniel and the entire Meadia Heights team for all they do every day.

Where did you grow up?

I was born and raised in Lancaster County.

What has taken you the longest to get good at?

Tough question because there is always room for improvement.

What were your favorite television shows when you were growing up?

I didn't have a favorite TV show per se, but as an avid sports fan, I gravitated to watching live sports action.

What does your perfect breakfast look like?

I would say two eggs over light, pierogies, and sausage. If I'm trying to satisfy the sweet tooth, add an Achenbach's Long John to top it off.

What motivates you?

I am motivated by the ability to make a difference in the lives of others and our community.

Our time on this earth is limited, so embrace every opportunity and each day to add value in the lives of others. This could be as a parent, mentor, board member, leader, or as a coach in the local community.

What's the longest trip you've been on?

From a time and distance perspective, my longest trip was to the Soviet Union for a month in 1990 as a student ambassador.

What music do you put on when you want to get pumped?

Eighties rock, led by groups such as Def Leppard and Van Halen.

What are two of your favorite snacks?

While on the course, my favorite snacks are granola bars and fruit, but the one snack I cannot resist at home is ice cream.

What household chore do you actually enjoy?

After spending most of my workweek inside, I enjoy mowing the lawn and other outside tasks.

What do you think the ideal age is?

Mid-thirties. You still have the excitement and energy of youth linked with the benefit of life experience.

If you could eat only one food for the rest of your life, what would it be?

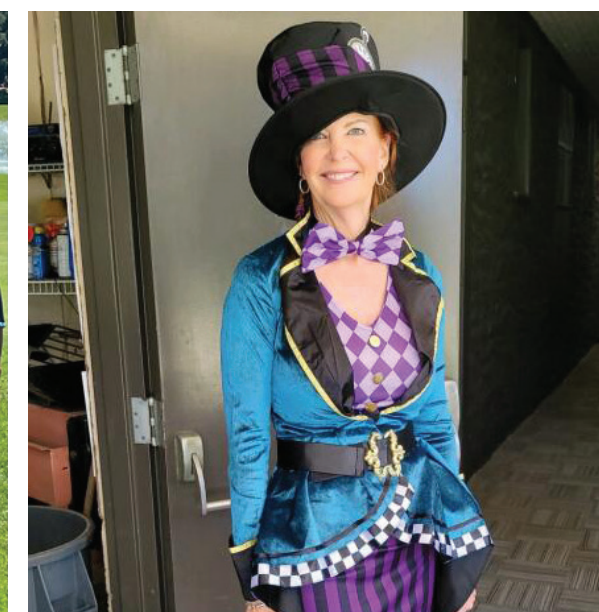
Seafood. I'm not sure you can go wrong with any option in this category.

If you were stranded on a desert island with three people, who would they be?

There is no doubt it would be a family affair. I am blessed to be married to my best friend, Paula, so it would be her and our children, Alyssa and Jason.

2021
Women's
MEMBER-GUEST
TOURNAMENT HIGHLIGHTS

WINNERS: CHRISTINE SMITH, STACEY WHITE,
DEE BORTNER, AND CINDY STAUB



FRONT OF HOUSE MANAGER / SERVER

STEPHANIE BEAMER

EMPLOYEE SPOTLIGHT



When did you start at Meadia Heights, and why did you decide to work here?

I interviewed with Mary at the end of July 2020 and started at the beginning of August. I had quite a bit of restaurant experience coming into it. To be honest, it was ultimately her personality that made me take the leap. I knew I could work for a boss like that. It was a wonderful decision.

What is your favorite Meadia Heights memory?

Honestly, there are too many to pick just one!

What do you like to do when you are not at work?

Spend as much time with my family as possible — they are my world.

Where did you grow up?

Gettysburg.

What is the best thing you have ever bought?

Definitely my golden retriever, Phoenix. I know that's sort of a strange answer, but I can't imagine my family without him. He is so much fun and truly the best friend a girl could ever have.

What is your favorite line from a book or movie?

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine as children do. It's not just in some of us; it is in everyone. And as we let our own lights shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others." — From the movie *Coach Carter*.

What food is underrated or underappreciated?

Never, ever underestimate the power a Royal New York Cheesecake Blizzard from Dairy Queen can have on your day.

Where have you traveled?

Australia, Honduras, Aruba, Puerto Rico, and a little bit of everywhere in the United States.

Describe your perfect burger or sandwich.

Definitely a burger topped with bleu cheese crumbles, bacon, and caramelized onions.

What was the last goal you achieved?

I decided last year that I wanted to get healthy. To date, I've lost seventy pounds and feel better than I have in years!

What's the biggest adventure you've been on?

Either snorkeling in Australia or a medical/dental mission trip to Honduras that I went on with my dad.

What do you do to unwind after a hard day?

Watch an episode of my favorite Netflix series or listen to a meditation.

What's your idea of a great day?

Any day where my entire family is together is a wonderful day in my book. Doesn't matter where it is, but preferably on a beach!

What's your favorite international food?

I love any kind of sushi.

What skill or talent would you most like to learn?

It'd be really awesome to learn to fly a plane!

What are some of your favorite holiday traditions that you did while growing up?

Decorating my tree with my parents and decorating my grandparents' tree with them, baking Christmas cookies, going to Christmas Eve church services, and watching Christmas movies with my siblings.

What's the last thing you got excited about?

My younger sister was living down south and recently decided to take a job in the DC area. I'm definitely very excited to be able to see her more often!

What's the best thing you've got going on in your life at the moment?

My son, Brayden, always has been and always will be life's greatest gift. He's so full of light and love that it's impossible to be unhappy around him. Watching him grow is truly the thing I love most about life.

JUST A FEW OF STEPHANIE'S FAVORITE THINGS.



IN THE BAG
WITH

FRANNIE

SENSENIG



When we think of Frannie, her love of Tanqueray and tonics and dressing up for events both immediately come to mind. But of course, we know she loves a good round of golf too. In this issue, we asked a few questions to see what she's got in her bag that fuels her game.

How old are your irons?

Fifteen years for my 7, 8, 9, sand wedge, and pitching wedge. My lob wedge is seven years old.

What is your favorite club?

4H.

What is your current handicap?

22.9.

How far do you hit your 7 iron?

110 yards.

What brand of ball are you currently playing?

Volvik.

What snacks do you like to have on hand when playing?

Oh boy, ladies make fun of me. I always have a snack pack lunch. Flavored tuna packs, banana with peanut butter, and some chips when it's hot (for the salt).

What's the story behind your favorite ball marker?

Made a hole in one last year

at Penn Oaks. It was a Central Penn mixed tournament.

If you could play any course in the world for free, which one would it be?

Augusta National Golf Club during the Masters.

Lowest gross score for 18?

91.

Favorite professional golfer?

Arnold Palmer and Annika Sörenstam.

What iron do you chip with?

Pitching wedge.

Favorite hole at Meadia Heights?

7.

Favorite golf memory?

I have two: an eagle with Scott Sklar and a hole in one with my husband, Randy. Both were Central Penn events.

If your clubs could talk, what would they say?

"Well, if you really love your club, treat it with TLC, nice and easy." What I would say: "Please be the right club!"

FEATURED DRINK

Blushing

WHISKEY SOUR

Fresh blackberries provide a summery twist on the classic whiskey sour. This pretty yet potent cocktail tastes great whether you're at the 19th Hole, by your pool, or relaxing on the porch with friends.

2 oz sweet and sour mix

1 oz whiskey

Splash of blackberry syrup

Blackberries for garnish

Crushed ice

1. Shake the first three ingredients with ice.
2. Strain into a glass packed with crushed ice.
3. Garnish liberally with blackberries.

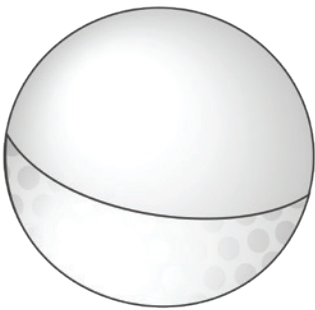


WHAT'S INSIDE YOUR GOLF BALL?

Gone are the days of golf balls filled with rubber bands. Today's balls feature a variety of construction types and offer pros and cons for different parts of your game.

1-PIECE BALL

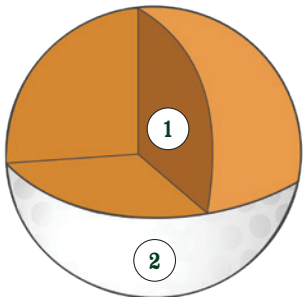
A basic driving range ball made of a single material throughout, typically plastic. This type of ball has no real impact on short-iron shots and no increased distance off the tee.



2-PIECE BALL

A durable ball with a low spin rate. This type of ball will go farther, but it is difficult to stop on the green. Helps to minimize hooks and slices.

Examples: Callaway Warbird, Titleist DT SoLo

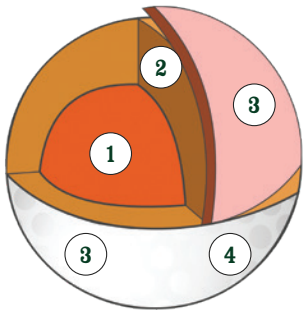


- 1. Rubber core
- 2. Surlyn cover

3- & 4-PIECE BALL

These types of balls have either one or two layers of material between the core and the cover. These layers give the balls an increased speed rate for greater control, good for use around greens. A common covering for 3-piece balls is surlyn, while 4-piece balls may use surlyn or urethane.

Examples: Nike One Vapor Speed, Titleist ProV1 (3-piece); Bridgestone B330, Srixon Z-Star XV (4-piece)

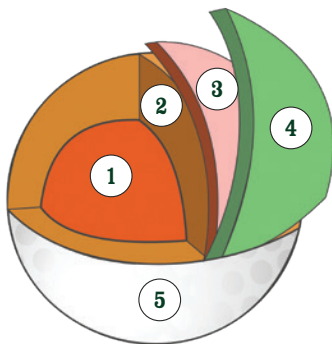


- 1. Solid or liquid core
- 2. Layer surrounding core
- 3. Second layer surrounding core (4-piece only)
- 4. Cover

5-PIECE BALL

Similar to a 3- or 4-piece ball, with a little extra oomph. The cover, first layer, and core are soft. This type of ball provides a low spin rate and more distance off the tee with long irons, a high spin rate with short irons.

Examples: Callaway HEX Black Tour, TaylorMade TP5 & TP5x



- 1. Soft rubber core
- 2., 3., 4. Seperate layers surrounding the core
- 5. Urethane or surlyn cover

PRO TIP

By Scott Sklar,
Head Golf Professional



Short Game Tips to Help Your Putting: Long Putts — Pace Putting

It is always best to keep your putting as simple as possible. Keep two things in mind: distance and accuracy.

When it comes to long putts, accuracy becomes more general. You want to know if the ball is going to go left to right, right to left, or straight, and of course downhill, uphill, or flat, but distance control is much more important.

Here are some helpful hints to consider when you have a long putt in front of you.

1. Read the putt and get an idea of what the ball is going to do.
2. Make a practice stroke as similar as possible to the actual putt in front of you while looking at the hole. Time after time I see people just swinging the club with no purpose.
3. Lastly, after you address the ball and are ready to putt, look from the hole back to the ball before playing the shot. That good, long stare will help you recognize the proper pace of your putt and keeps you thinking about the correct swing thought — pace.

Want to Highlight Your Business to Fellow Members?

Limited advertising spots are available in the Fall 2021 issue of *Bump & Run*.
For more information, contact Alpha Dog Advertising at **717.517.9944** or **dcrawford@alphadogadv.com**.

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