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HOURS

MONDAY	9AM - 8PM
TUESDAY	9AM - 8PM
WEDNESDAY	9AM - 5PM
THURSDAY	9AM - 8PM
FRIDAY	9AM - 5PM
SATURDAY	9AM - 3PM
SUNDAY	CLOSED

a message from

**SCOTT
SKLAR**



Our 2022 golf season is winding down to the fall months, and this year has certainly been a transition for both members and staff. It has been a while since the golf course has seen this many rounds in one year. The beautiful thing is, membership is growing and the club is staying busy!

With that being said, we have an exciting fall season in store for our members. Traditional events such as the Men's and Ladies' Shootout, the Closing Day Scramble, and of course our illustrious Greenskeeper's Revenge are scheduled, but we also have new events unique to this year, like the Centennial Gala and a member golf trip to Wolf Creek Golf Club in Mesquite, Nevada. It's a full lineup that will entertain all types of members.

Junior Golf was a huge success this year. With nearly 30 kids ranging from the age of 6 to 13, the mission to develop our younger golfers could not have gone any better. They enjoyed hitting toward the ever-popular Golfzilla and had a fun time on the course learning the basics of golf. We look forward to continuing this program annually. It is very important to me that we continue to develop youth golfers, so that our sport thrives in years to come.

Merchandise in the golf shop is definitely at an all-time high. New companies have been added, including Straight Down, Dunning, Belyn Key, Alashan, and Tail. We have just displayed some really cool junior golf polos for boys and girls, which would make a great Christmas gift. Stop by and check out our inventory while your size is still available. The apparel coming in this fall is going to be fantastic!

I would like to congratulate our Club Champions, Corey Gast and Katie Lapinsky, as well as the other flight winners: Craig Trout, Bob Rose, and Brad Landis. Job well done. With several events left on the schedule, I look forward to a strong finish to the year. I hope to see you there!

Golfingly Yours,

SCOTT SKLAR
Head Golf Professional

New Members



Join us in welcoming the newest members of the Meadia Heights family!

We’re glad you’re here! Our goal is to make your club experience a great one. If there is anything we can do, please call us at (717) 393-9761, using the extensions below:

Scott Reis, General Manager	x5
Scott Sklar, Head Golf Professional	x1
Mary Nichols, Food & Beverage Director	x2
Jonathan Rodriguez, Restaurant Manager	x2
Jailene Colon, Banquet Manager	x2
Patty Watson, Accounting	x4
Billy Heller, Assistant Golf Professional	x1

Alex Abel	Grayson Fisher	Zachary Peirson
Everett Albert	Owen Fisher	Ben Pember
Christopher Arnold	Robert Fisher	Courtney Quiones
Dylan Atkinson	Shane Glackin	Addison Rosa
Colin Bell	Jay Haverstick	Gregory Shenk
Eric Bergstrom	Judie Heydt	Alex Shiner
Joan Billett	Matt Junkin	Michael Skiles
William Billett	Duke Kendig	Greg Spaulding
Grant Bradley	Wesley Kilpatrick	Lucas Stacey
Justin Bredeman	Andrew Kowalinski	James Stoltzfus
Scott Brennan	Thomas Kowalinski	Ryan Sullivan
Ian Burkhart	Josh Landis	Dylan Weagly
Richard Canada	Brandon Martin	Brady Weichler
Ryan Cardina	James Martin	Danny Weichler
Mitchel Cline	Michael Mercado	Joey Weichler
Logan Coder	Diane Moore	James Weikert
George Coe	Thomas Moran	Joseph Winalski
Ilya Dariychuk	Austin Mountain	Ryan Winkelspecht
Adam Fisher	James O’Toole	Carter Winters

For more information, visit meadiaheights.com/welcome. Or, contact our Head Golf Professional, Scott Sklar, at (717) 393-9761 or ssklar@meadiaheights.com.

2022 member TOURNAMENT SCHEDULE

WGA EVENTS

SEPTEMBER

- 1-30 Meadia Cup Round 4
- 1-30 Old Pal Round 4
- 3-4 Ultimate Better Ball
- 10-11 Mixed Club Championship
- 24 Shootout
- 27 WGA9 Closing Day

OCTOBER

- 8 Junior Club Championship
- 16 LLCCGA Shootout
- 19 WGA18 Closing-Day Meeting
- 22 WGA18 Closing-Day CC Scramble

NOVEMBER

- 5 Greenskeeper’s Revenge
- 25 Black Friday Family Cup

DECEMBER

- 24 Christmas Eve One Club

MGA EVENTS

SEPTEMBER

- 1-30 President’s Cup Round 5
- 1-30 Senior CC Round 3
- 3-4 Ultimate Better Ball
- 8 Senior Group #5
- 10-11 Mixed Club Championship
- 15 1-Day Member-Guest
- 17 19-Man Shootout

OCTOBER

- 1 Ritter Cup
- 8 Junior Club Championship
- 15-16 Meadia vs. Lebanon Challenge
- 22 Closing-Day Scramble

NOVEMBER

- 5 Greenskeeper’s Revenge
- 25 Black Friday Family Cup

DECEMBER

- 24 Christmas Eve One Club

PLEASE NOTE, SEVERAL TOURNAMENT DATES HAVE CHANGED SINCE THIS SCHEDULE WAS PUBLISHED IN THE SPRING ISSUE OF BUMP & RUN.

2022 TOURNAMENT HIGHLIGHTS

It's been a busy, competitive summer here at Meadia Heights. Congratulations to all of our MGA and WGA tournament winners, and **thank you to all who participated!**

MGA TOURNAMENT WINNERS



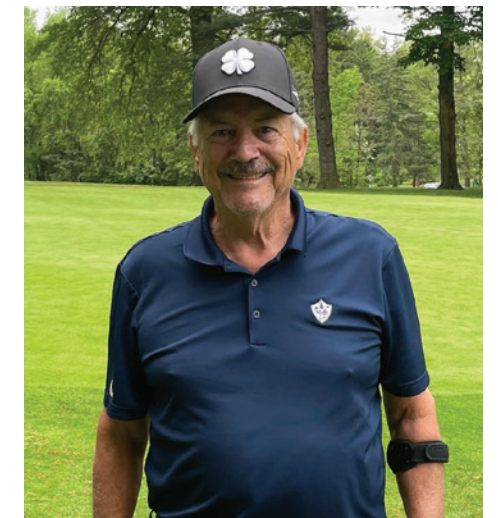
3-DAY MEMBER-GUEST

Bob Rose & Sam Nelson



MEMBER-MEMBER

Ken Stutz & KJ Stutz



MEADIA CUP

Mike Wolf



RYDER CUP

Team Boomers



2-MAN SCRAMBLE

Shane Glackin & Robert Fisher (in a sudden death playoff)

WGA TOURNAMENT WINNERS



MEMBER-GUEST

Christine Smith, Stacey White, Dee Bortner & Cindy Small (First Flight)
Bernie Weed, Keven Lawson, Susan Kelly & Dawn Kreider (Second Flight)



MEMBER-MEMBER

Katie Lapinsky & Cindy Dunn



SOLHEIM CUP

Team Blue



2-WOMAN SCRAMBLE

Suzette Crandall & Cindy Moore
(in a sudden death playoff)



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the HERB GARDEN



FEATURED DRINK

If your garden's been producing a bumper crop of basil, you might be wondering what to do with all of it! This cocktail makes good use of the herb to add a savory balance to the sweetness of strawberries. Fresh, ripe berries are best, of course, but in a pinch, try frozen strawberries, lightly thawed.



Ingredients

- 1.5 oz Tito's vodka
- .75 oz elderflower liqueur
- .5 oz lemon juice
- .5 oz simple syrup
- 4 strawberries
- 6 fresh basil leaves

Instructions

- Muddle strawberries in a shaker.
- Add basil leaves to strawberries and muddle gently.
- Add vodka, elderflower liqueur, lemon juice, and simple syrup to the shaker.
- Cover and shake for at least 30 seconds.
- Strain cocktail into an ice-filled glass.
- Garnish with fresh basil leaves and a strawberry if desired.

With the addition of Shenk’s Hole, Meadia Heights welcomed a hardworking team of lifeguards to make your time at the pool safe and enjoyable. It got us thinking, what attracts someone to lifeguarding, and what’s it like to do the job? A few of the crew answered.

THE QUESTIONS

- 1. How long have you been a lifeguard, and why did you decide to become one?
- 2. What's your favorite part of the job?
- 3. The toughest part?
- 4. What's your favorite summer activity?

LIFEGUARD ON DUTY



BREANNA FLUHR
*Sophomore at Misericordia University,
Lifeguard*

- 1. Five years. I decided to become a lifeguard because it was one of the few jobs I could get at the age of 15.
- 2. Being outside by the pool all day.
- 3. Enforcing the rules while also making sure patrons are happy and enjoying their experience at the pool.
- 4. Going to the beach and swimming in the ocean.



SOPHIA BAILEY
*Millersville University,
Lifeguard & Swim Instructor*

- 1. Two years! I love swimming and being outdoors, so I wanted to help others enjoy that while keeping them safe. I also knew that lifeguarding would give me the opportunity to work hard and learn important lessons about the workplace.
- 2. Seeing patrons enjoy the pool, as well as working with my coworkers to have a positive work environment.
- 3. Sometimes it’s really hot out and I get exhausted from the sun. However, our team has been really good about staying hydrated and supporting each other, so I have rarely experienced that this summer.
- 4. Watching the sunset with my friends. I also enjoy playing soccer or volleyball, going to the beach, and swimming.



MAYA KIRSCH
*Junior at Penn Manor High School,
Lifeguard*

- 1. This is my first summer working as a lifeguard! I wanted to learn about safety and help others have a better and safer experience in the water.
- 2. Getting to know people and watching their swim abilities improve.
- 3. Trying to enforce the rules as kindly as possible.
- 4. Swimming!



ANYA FREY
*J. P. McCaskey High School,
Lifeguard*

- 1. This is my first year. I decided to become a lifeguard to work with people my age, as well as enjoy my time outside and serve the community.
- 2. Working with my friends and meeting new people at the club.
- 3. Balancing a work schedule with non-work activities. However, the management at Meadia Heights has been super understanding and flexible, so scheduling really hasn’t been much of an issue.
- 4. Hanging out with my friends, playing sports, swimming, and any outdoor activities.



KELSEY SPAULDING
*Lampeter-Strasburg High School,
Soon-to-Be Junior Lifeguard*

- 1. I will soon get my junior lifeguard certification and have been working as a pool attendant this summer. I decided to become a lifeguard because I love spending time outside, especially around a pool. I’ve been a swimmer since I was six, so it seemed like the job for me.
- 2. Spending time around the pool and with the other guards.
- 3. The most difficult part is when we’re super busy and have to do a lot of tasks at once.
- 4. Spending time with my friends at swim meets.





EMPLOYEE SPOTLIGHT

BECA BORTZFIELD

SERVER/BARTENDER

When did you start at Meadia Heights, and what made you decide to work here?

About nine months ago. I joined the team part-time originally, but realized how much I missed working in fine dining and am grateful for the opportunity to go full-time.

What's your favorite part of the job?

I enjoy conversing with and getting to know our members. I've not only found common ground but also have learned so much!

What's the most unusual or interesting job you've ever had?

I was an aquatics director. I taught swimming lessons to ages 6 months to 80-plus years, as well as different levels of water aerobics.

Where did you grow up?

NEPA (Northeast PA).

Any advice for your younger self?

Don't take everything, including yourself, so seriously, and don't ever be afraid to try new things.

What do you like to do in your free time?

I enjoy binge watching true crime shows and working in my garden.

Describe your perfect day.

A glass or two of wine, having control of the remote, and enjoying the company of our fur babies.

What is your favorite food?

Specifically, a South Philly pulled pork sandwich. Or a Monte Cristo.

What food is underrated or underappreciated?

Zucchini. There are so many ways to prepare it! From zucchini chips to zoodles to taco boats, the possibilities are endless.

What's your favorite book, movie, and TV show?

Book: *Alas, Babylon*. Movie: *Empire Records*. TV show: *The Old Man*.

What's something people might be surprised to learn about you?

I am obsessed with Star Wars (my showerhead is Darth Vader, and I have a stormtrooper tattoo), and I used to box.

What skill would you most like to learn?

I'd love to learn how to skateboard!

What's the weirdest fact you know?

Alan Shepard used a 6 iron to hit a golf ball on the moon.

Who's someone you look up to? Why?

Honestly, my husband. Not only is he a wonderful chef and baker, he's a hard worker and has taught me so much about the restaurant business and myself.

What's the last thing you were really excited about?

Our Meadia Heights work garden, as well as my home garden. My parents helped me with both coming to fruition.

What's something you're looking forward to right now?

Getting to see Jane's Addiction and Smashing Pumpkins in concert this fall.



2022 SOCIAL EVENTS

We have plenty of social happenings to look forward to the rest of the year, including old favorites, new events, and, of course, our Centennial Gala. We can't wait to celebrate Meadia Heights' 100th anniversary with you at this once-in-a-lifetime event.



SEPT 29

SEPT 22 Cigar Dinner
SEPT 27 Cigar Club
SEPT 29 Chip & Sip

On holes 8, 9, 1, 2, and 18, you'll chip a shot, putt into the hole, then taste a wine!

OCT 13 New Members Night

A welcome event for new members to learn more about the club, meet others, and enjoy delicious food and drinks.



OCT 20

OCT 20 Wine Portfolio Tasting
OCT 25 Cigar Club
OCT 29 Centennial Gala
NOV 3 Wine Dinner
NOV 19 Food & Beverage Revenge

Volunteer members will be randomly selected to cook, serve, and bartend for the evening!

NOV 24 Thanksgiving Day Brunch



DEC 4

NOV 29 Cigar Club
DEC 4 Brunch with Santa
DEC 17 Fête en Noir
DEC 31 New Year's Eve
Prix Fixe Dinner

DATES SUBJECT TO CHANGE.

IT'S IN THE BAG
WITH

THE WILSON BOYS

How long have you played golf?

Ben: Since I was 8.

Matt: 13 years.

Drew: Since I was 5.

How long have you been a member of Meadia Heights?

Ben: All my life.

Matt: My whole life.

Drew: 12 years.

Which is your favorite club?

Ben: Pitching wedge.

Matt: 54° sand wedge.

Drew: 7 iron.

Which iron do you chip with?

Ben: 58° lob wedge.

Matt: 54° sand wedge.

Drew: 8 iron.

What brand of ball are you currently playing?

Ben: Titleist Pro V1x.

Matt: Callaway Chrome Soft Triple Track.

Drew: Titleist Pro V1.

What's the story behind your favorite ball marker?

Ben: I use a quarter like Tiger Woods.

Matt: Preston Driver gave me a Meadia Heights ball marker.

Drew: Found it in my bag.

What snacks do you like to have on hand while playing?

Ben: Turkey sammy from the snack shop.

Matt: Ham and cheese sammy with Arnold Palmer tea.

Drew: Crackers.

What is your favorite or most unusual accessory in your bag?

Ben: Alignment stick headcover.

Matt: Bob Crandall's hand-me-down Alabama bag.

Drew: Range finder.

Do you have any superstitions on days you play golf?

Ben: Always start and end with wedges on the range.

Matt: Always start with a made putt on the practice green before playing.

Drew: Can't eat before I play.

If you could play any course in the world, which would it be?

Ben: Torrey Pines.

Matt: St. Andrews.

Drew: Augusta.

Favorite golf memory?

Ben: Going to Pinehurst.

Matt: Playing the 2-Man Scramble with Dad.

Drew: Making an eagle on #6 this year.

Favorite hole at Meadia Heights?

Ben: #11.

Matt: #9.

Drew: #13.

If your clubs could talk, what would they say?

Ben: "Don't shank it."

Matt: "Don't bring me inside on the takeaway."

Drew: "Hit it straight!"





JOHN & JULI MOOSE

JOHN AND JULI JOINED MEADIA HEIGHTS...

In 1982. At that time, there was a waiting list and initiation fee. They were encouraged by King Knox, who worked with John, and John bought his first set of clubs from Doug Ritter.

THEIR FAVORITE MEADIA HEIGHTS MEMORIES INCLUDE...

Their daughters' wedding receptions. They've also enjoyed playing Friday evening events with friends, then having dinner and drinks, and participating in the many competitive events held at the club.

THEY GREW UP...

John grew up on a dairy farm in Mercer, PA (which he was working on by the time he was in elementary school). Juli grew up in Lancaster County, spending a lot of her time riding horses at her grandfather's farm in Virginia.

JOHN AND JULI HAVE TWO DAUGHTERS AND FIVE GRANDCHILDREN.

Stefani lives in Alexandria, VA, with her husband, Andy, and two daughters, Ella and Aubrey. Whitney lives in the Atlanta area, with her husband, Brad, and three children, Quinn, Jonathan (JB), and Briggs.

IN THEIR FREE TIME...

Their number one hobby is golf ("the reason we have been at the club for so long"), but they also enjoy riding their bicycles. They're readers too, with John favoring books by John Grisham and James Patterson in particular.

THEY'RE UNANIMOUS IN WHAT MAKES A GOOD BIRTHDAY MEAL.

"Both of us enjoy a good filet and crab — yum!"

THEIR FAVORITE SNACKS?

John enjoys pretzels and cheese. Juli likes something a little salty, also maybe a little sweet.

JOHN AND JULI ARE EXTREMELY THANKFUL FOR...

Their family and friends.

AND THEY'RE MOTIVATED BY...

Staying healthy so they can enjoy their grandchildren and continue to enjoy retirement.

ONE ITEM ON THEIR BUCKET LIST?

Going to the Masters, which they'll be doing next year.

THEIR FAVORITE PLACE TO VACATION IS...

The shore, specifically Avalon, NJ.

AROUND THE HOUSE...

Juli enjoys baking cookies and ironing ("somewhat"). And even though he doesn't really like chores, John's really good at doing the floors.

JOHN AND JULI'S IDEAL AGE IS...

Although they don't have a specific number, they're definitely enjoying retirement life, playing golf and visiting friends and family.



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DIFFERENT STROKES

BY BILLY HELLER,
ASSISTANT GOLF PRO

Ever since the World Handicap System (WHS) changed its recommended procedure for the allocation of stroke index values, you’ve had questions. Here, we have answers!

WHAT IS STROKE ALLOCATION ON THE SCORECARD?

The most common misconception about handicap strokes is that the #1 handicap hole is the “hardest” hole on the golf course. In some cases, this may be true. However, the #1 handicap hole is the hole where the higher-handicap player is most likely to need a stroke for an equalizer in a match. If a low-handicap golfer is just as likely to make bogey as a high handicapper, a stroke isn’t needed.

HOW DOES THE NEW WHS ALLOCATE STROKES?

Stroke allocation is used in match play, but also in certain forms of stroke play. The new WHS bases the stroke index table on overall hole difficulty relative to par as a starting point and then uses the procedures that work well to provide equity in match play.

Some new rules include placing odd-numbered strokes on the front nine, avoiding consecutive low stroke index holes, and avoiding low stroke index holes at the beginning or end of a nine. The WHS recommends having separate stroke index tables for women and men, but not multiple stroke index tables per gender. That can lead to players selecting tees to gain an advantage, especially if they’re trying to maximize strokes between partners in team events.

HOW DID HOLE #7 & HOLE #3 GET THE #1 ALLOCATION FOR MEN & WOMEN?

It’s recommended that the #1 allocation be placed on the middle three holes within the front nine — *unless those holes are not ranked in the first six most difficult holes relative to par*. If holes #4–6 are not ranked in the top six most difficult, the #1 allocation is allowed to move to an adjacent hole at the end of the first triad of holes (#1–3) or at the beginning of the last triad of holes (#7–9) on that nine.

For men, hole #7 was the sixth most difficult according to the 1.21 difficulty value it was given in relation to par. The only hole with a higher difficulty on the front nine was #8, at 1.41. The end of the first triad is hole #3, given a 1.16 difficulty value. The beginning of the last triad is hole #7, rated at 1.21. Because hole #7 was rated higher than hole #3, hole #7 would be applied as the #1 handicap allocation for men under these guidelines.

For women, hole #3 was the third most difficult according to the 2.41 difficulty value it was given in relation to par. The only hole with a higher difficulty on the front nine was #8, at 2.47. The end of the first triad is hole #3, given a 2.41 difficulty value. The beginning of the last triad is hole #7, rated at 1.18. Because hole #3 was rated higher than hole #7, hole #3 would be applied as the #1 handicap allocation for women under these guidelines.



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EVERYTHING IS ROSIE

As I write this in mid-summer, things are going well. Mother Nature has been kind, to a degree, and the golf course has been presenting favorably. September will be challenging, with disease, heat, and drought pressures and turgrass at its weakest state. Our crew, still not fully staffed, is up for the challenge, though. We will continue striving for our goal of providing you with the best possible playing conditions for your enjoyment.

There are a few things members can do to help make our course even better.

- Divots should be FILLED in, not just sprinkled with a little mix.
- Do not use cart mix on the tees. Use the divot mix in buckets on the tees that have them. Use cart mix on fairways.

- Finally, please repair your ball mark and at least one other. Remember to leave an area in a condition that you would like to see if you were in the next group.

I hope this finds everyone well, your golf game improving and enjoyable. Thanks to all for the positive comments, and please let me know of any situation that needs my attention.

Happy Birthday, Meadia Heights!

Rosie,
Golf Course Superintendent



PRO-TIP

BY SCOTT SKLAR,
HEAD GOLF PROFESSIONAL

One of the common differences between pro and amateur golfers occurs even before the club goes back — it's a consistent pre-shot routine. Developing one of your own will help you gain a positive mindset, hopefully leading you to hit more solid shots and lower your score. Consider the following steps when building your own pre-shot routine.

- Determine the distance.
- Factor in any potential wind and elevation change.
- Check the lie.
- Determine the actual distance of the shot you would like to hit.
- Select your club.
- One good practice swing. Locate and visualize your target/landing area.
- Address the ball. Align your club and body to your target.
- Double-check your target after you have addressed the ball.
- Be comfortable. Take a deep breath. Visualize the shot. Swing.

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