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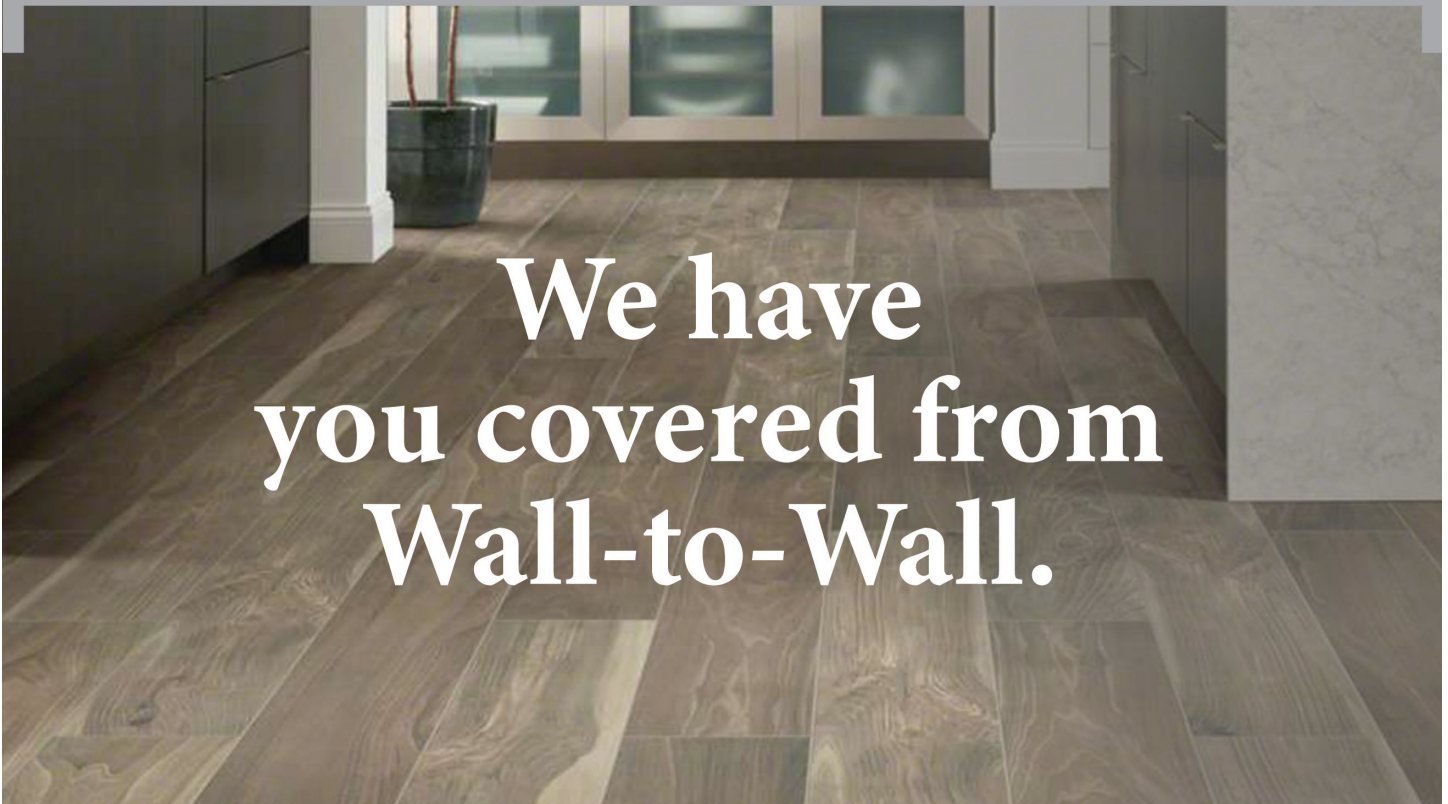
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SATURDAY	9AM - 3PM
SUNDAY	CLOSED

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a message from

SCOTT REIS

Another golf season has come and gone already — what a summer! I hope everyone made some great new Meadia Heights memories, whether on the course, in the pool, or at our many social events.

This season held numerous bright spots for the club. Membership continued to grow, which is a testament to both our hardworking staff and our dedicated membership. It's been a pleasure to welcome so many fresh faces to the Meadia Heights family, and I would like to thank all of our members, both longtime and new, for your ongoing support.

Of course, I also have to give a BIG thanks to all of our employees, from our golf, grounds, and aquatics teams to our food and beverage department. Each one of you makes the Meadia Heights experience a special one, and I appreciate everything you do in support of the club and its members.

It was wonderful to see so many of you (and your guests) bring competitive spirit and sportsmanship to our tournaments this season. Congratulations to all of our tournament winners, in particular Men's Club Champion Ben Wilson and Ladies Club Champion Katie Lapinsky. You have bragging rights until next year!

Meadia Heights' first-ever Kids Discovery Camp was a big success. Based on your kids' feedback, next year's camp is already in the works! Stay tuned for information on registration, which should be in early spring.

The club also hit a few bumps this season. With a growing membership comes new challenges. Thank you for everyone's patience and cooperation as we've made changes to serve you better, including moving golf outings to Mondays and Tuesdays to allow for more member tee times.

This was also a challenging first year for our "new" golf course superintendent, Ryan Grady, who's worked hard to overcome unfavorable weather and ongoing issues with irrigation and staffing. Read "Turf Talk" later in this issue to learn about the steps he and his crew are taking to make our golf course better than ever.

One more thing before I go, and it's good news — designs for the new clubhouse have been started! No more details yet, but I look forward to sharing updates on this exciting new phase for Meadia Heights soon. Enjoy the off-season, and I'll see you at the club!

Cheers!

SCOTT REIS
General Manager

New Members

Join us in welcoming the newest members of the Meadia Heights family!

Matthew Addy

John E. Brabazon Sr.

Noah Calderon

Brenda Chisholm

George DeAngelo

Josiah Dillman

Reed Drury

David Eich

Tommy Figart

Jon Garufi

Seth Johnston

Coleen Marshall

John Neely

Elle Overly

Michael Steinbaeher

Tim Yingling

Lynn Zigoris

Upcoming

Social Events

November

02 Wine Dinner

07 New Member Night

18 Casino Night

23 Thanksgiving Feast

28 Cigar Club

December

03 Brunch with Santa

10 Member Appreciation Awards

16 Fête en Noir

19 Cigar Club

31 New Year's Eve Dinner

RESERVATIONS ARE ENCOURAGED, BUT NOT REQUIRED, FOR NEW MEMBER NIGHT AND CIGAR CLUB MEETINGS.
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A Summer to Remember at the POOL!

The 2023 season was a unique one at the aquatic center, highlighted by smiling faces, enjoyable moments, and our wonderful staff of Breanna, Elizabeth, Anna, Logan, Sophia, Maya, and Kelsey, who provided a safe and clean facility.

The swim lesson program showed great progress with the many children who enrolled. Breanna and Sophia brought their unique personalities to it and created wonderful results.

The reintroduction of the pool slide was a special treat for the kids — as well as brave adults — who were able to experience the thrill of a ride down the slide and into the pool.

Our first Kids Discovery Camp was a hit! This adventurous camp featured fun-filled weekly themes with corresponding activities and creative sessions with crafts. It was a wonderful learning experience for all the children. Kudos to Ms. Annie and Ms. Rylee for a job well done.

The annual Fourth of July and Labor Day family races brought many members to the pool to experience the excitement of vying for the many great prizes provided by the club. In addition, recognition in the beverage races was highly sought-after by our adult members!

Annie and I would like to extend our thanks for the opportunity to be part of all the excitement at Meadia Heights this summer. See you all next year as we upgrade the Kids Discovery Camp and bring even more exciting events to the pool!

 **George “Skip” Lehmann**
Aquatics Director





Happy Campers

This summer, we welcomed 25 children to our first-ever Kids Discovery Camp! Led by our Aquatics Director, Skip Lehmann, and his wife, Annie, the camp offered six weeks of swimming, arts and crafts, science activities, and more for kids ages 4–10.



Each week of the camp centered around a different theme. One of the kids' favorites was Adventure Week, when they wore pirate costumes, walked the plank, and found treasure! A close runner-up was Fun in Space Week. Campers had a blast learning all about the planets and how astronauts survive and eat in a spacecraft. Fun Fridays were popular, too, because the kids had more time at the pool to play games and use the inner tubes and slide.



Kids Discovery Camp was held in June and July, entertaining campers three days a week from 9:00 am to 1:00 pm. Based on its success, Ms. Annie is already planning ahead for next summer! Your kids won't want to miss it, so watch for details on registration in early spring.



IT'S IN THE BAG WITH **ADAM EVANS**

How long have you played golf?

Six years.

How long have you been a Meadia Heights member?

Two and a half years.

Which Meadia Heights tournaments have you won?

I haven't won any tournaments yet, but I'm still hopeful!

Which is your favorite club?

My putter. It's the only club I can rely on showing up.

Which iron do you chip with?

It depends on the lie, but usually my 52° wedge because I can't hit a flop shot to save my life.

How far do you hit your 7 iron?

With good contact, I hit my 7 iron 160–165 yards.

What brand of ball are you currently playing?

The Callaway Chrome Soft Triple Track. It has a great feel, and I love it for putting.

What is your current handicap?

11.

What's the story behind your favorite ball marker?

My favorite ball marker is from Roger Harvey. It stemmed from a President's Cup match last year. It's quite inappropriate, but I never 3-putt 18 anymore!

Lowest gross score for 18?

78 at Meadia. My lowest gross score ever is a 76 at Belles Springs near Williamsport.

Favorite hole at Meadia Heights?

16!



What is your favorite or most unusual accessory in your bag?

My Happy Gilmore towel.

Do you have any superstitions on days you play golf?

I have two superstitions on the course: fill your divots and repair your pitch marks "correctly."

If you could play any course in the world, which would it be?

St Andrews.

Favorite golf memory?

I have two: joining Meadia Heights and meeting some of the best people and lifelong friends. The other was witnessing Joe Rock dunk a hole-in-one on 13!



What snacks do you like to have on hand while playing?

My favorite snack on the course would have to be beef jerky.

How old are your irons?

My irons are five years old, 2018 Callaway MBs.

If your clubs could talk, what would they say?

"Trust me, and keep your head down."

Apple Cider Margarita

Ingredients

- 2 oz silver tequila
- ½ oz orange liqueur
- 4 oz apple cider
- Juice of ½ a lime
- 2 tsp maple syrup (or to taste)
- Ice
- Apple slice and cinnamon stick for garnish

Optional: cinnamon sugar, sea salt

Toast to fall with this autumnal interpretation of the classic tequila drink. With cozy flavors of apple, maple, and cinnamon, this sweet and spicy cocktail is sure to warm your spirit as the weather gets cooler.

Instructions

1. Optional (but delicious): Rim glass in salted cinnamon sugar. Mix equal parts cinnamon sugar and sea salt. Run a lime wedge around the rim of the glass, and dip it in the sugar mixture to coat.
2. Combine tequila, orange liqueur, apple cider, lime juice, and maple syrup in a cocktail shaker.
3. Add ice, and shake to combine. Add ice to the glass as well.
4. Strain shaker contents into the glass.
5. Garnish with an apple slice and cinnamon stick.



SHAWN & ALLY GIPE



Members since November 2020, Shawn and Ally Gipe love spending time at Meadia, both on the course and in the 19th Hole with friends. But with two jobs, it's a wonder Shawn has time to golf at all!

MEMBER SPOTLIGHT

Q: WHERE DID YOU GROW UP?

A: Shawn: Harrisburg.

Ally: Lancaster.

Q: WHAT WAS YOUR FIRST JOB?

A: Shawn: Mowing lawns.

Ally: Hostess at George's Family Restaurant.

Q: WHAT DO YOU DO FOR A LIVING NOW?

A: Shawn: Lingerie model. And a sales manager for a commercial flooring company.

Ally: Building secretary for Lampeter-Strasburg.

Q: DO YOU HAVE ANY CHILDREN OR PETS?

A: Shawn: Three daughters, Camden, Laela, and Eliana.

Ally: And two dogs, Coco and Lillie.

Q: WHAT IS ONE THING THAT INSTANTLY MAKES YOUR DAY BETTER?

A: Shawn: Roughly six orange Statesides and a round of golf.

Ally: The beach.

Q: WHAT IS YOUR FAVORITE BOOK, MOVIE, AND/OR TV SHOW?

A: Shawn: Movies: *Tombstone* and *Lawless*. TV: *Yellowstone*, *Gold Rush*, and anything UFC.

Ally: *The Nightingale* by Kristin Hannah. Movie: *The Wizard of Oz*. TV: *Sex and the City*.

Q: WHAT IS YOUR DRINK OF CHOICE?

A: Shawn: Tito's and club.

Ally: Either Casamigos and grapefruit, or chardonnay.

Q: WHAT IS THE MOST UNUSUAL FOOD YOU'VE EVER EATEN?

A: Shawn: Sweetbread meat...don't recommend!

Ally: I'm not too adventurous with foods.

Q: WOULD YOU RATHER LIVE IN THE MOUNTAINS OR AT THE BEACH?

A: Shawn: The beach for sure.

Ally: The beach.

Q: WHERE IS YOUR FAVORITE VACATION SPOT?

A: Shawn: The islands and anywhere in Florida.

Ally: Disney or Marco Island.

Q: WHAT ARE THREE ITEMS YOU'D TAKE TO A DESERTED ISLAND?

A: Shawn: A fishing rod, speaker, and case of Corona.

Ally: A bottle of wine, corkscrew, and maybe a second bottle of wine.

Q: IF YOU COULD CHOOSE ONE SUPERPOWER, WHAT WOULD IT BE?

A: Shawn: X-ray vision (so I can see through walls).

Ally: Time travel.

Q: WHAT ARE YOU GRATEFUL FOR?

A: Shawn: My family's health.

Ally: My family.

Q: WHAT MOTIVATES YOU?

A: Shawn: Losing.

Ally: My girls.

Q: BESIDES GOLF, HAVE YOU PLAYED ANY OTHER SPORTS?

A: Shawn: Baseball and football.

Ally: Cheerleading.

Q: WHO IS YOUR FAVORITE GOLFER?

A: Shawn: Tiger Woods.

Ally: Shawn Gipe.

Q: WHICH HOLE AT MEADIA HEIGHTS IS YOUR FAVORITE?

A: Shawn: #3, LOL.

Ally: The 19th Hole.

Q: WHAT IS YOUR BIGGEST PET PEEVE ON THE GOLF COURSE?

A: Shawn: It's a toss-up between slow play and cheating.

Q: WHAT IS YOUR FAVORITE MEADIA HEIGHTS MEMORY?

A: Shawn: Friday afternoon rounds with the boys.

Ally: Sip and Chip.

TURF TALK

By Ryan Grady,
Golf Course
Superintendent

Well, another summer is in the books, and to be honest, it's not the summer I had hoped for. The record-setting drought Lancaster experienced in early spring didn't help the *Poa annua* on our fairways during the summer stress months. But we are proactively addressing the issue! Maintenance has started reseeding the poor areas with bentgrass. This isn't just any old bentgrass either — it's SUPER BENTS! Basically, turf breeders took the best grasses and crossbred them. These cultivars have better stress and wear tolerance than *Poa annua*, as well as resistance to dollar spot. The crew and I will have these areas improved before things go dormant this winter.

Although some fairways struggled this summer, there were still positives on the course. The first cycle of weed control was very successful, with the populations of weeds like goosegrass and crabgrass decreasing dramatically. The elimination of white clover will require a few more applications. Patchy areas have decreased in size, and bentgrass has filled in nicely. Our crew sodded the sand trap edges, eliminated bunker tongues, and added track mat to over half of the cart paths, a project we will finish before next spring. Maggie also learned a new trick: "Say please."

Over the off-season, tree work will be a priority (over the next several off-seasons to be honest). Whether it's whole trees or just branches, the chain saws will be busy. Bunker drainage is also high on the to-do list, as well as doing more edge work and adding sand to some of the bunkers. We also plan to address the walking path on 4/13 tee and expose the rocks coming out of the hillside.

The crew and I have many other ideas for the course, which we will prioritize and put into action. As a team, we will continue to work hard to make the course better!

Ryan Grady

Maggie's Corner

This summer was a little ruff. But now that I've got "Say please" down, I'll be working on "Say thank you" in the off-season!



LOCAL RULES

You're probably pretty savvy about the Rules of Golf, but how well do you know Meadia Heights' Local Rules? Here's how to handle some of the areas of our course that might leave you scratching your head.



Immovable Obstructions

If a player's lie, stance, or swing is affected by electrical boxes or by the telephone poles on the right side of hole #10, they may take free relief by dropping at the nearest point, no closer to the hole.



Wooden Walls of Bunkers

Players may take free relief, no closer to the hole, for any lie, stance, or swing *outside of the bunker* affected by wooden bunker supports. Players may not take relief for lies *within the bunker* affected by wooden bunker supports.



Ground Under Repair

All areas encircled by a white line are deemed to be ground under repair. Players may take free relief by dropping at the nearest point, no closer to the hole.



Flower Beds / Mulched Areas

All mulched flower beds, including any mulched area not located in a penalty area or out of bounds, are deemed ground under repair and considered a no-play zone. Players **must** take relief — at the nearest point of relief, no closer to the hole — with no penalty.



Internal Wooded Areas

All internal wooded areas are considered in play and **not** a penalty area. These areas include:

- Left of #4
- Behind #13
- Left of #12
- Left of #15

If a player hits a ball that enters these areas and they cannot find it, they should hit a provisional ball.



Penalty Areas

The yellow penalty area on the right side of hole #18 extends to, and coincides with, the out-of-bounds edge directly after the creek.

Michell Martz

When did you start at Meadia Heights?

I started in October (for the second time).

Where did you grow up?

I'm a small-town girl from Fulton County.

What do you like to do in your free time?

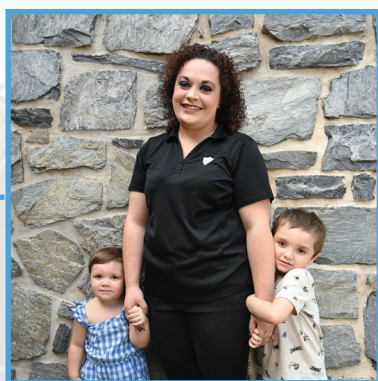
In my free time, I like to be with my children. I also like being outside and spending time with friends and family.

What is your favorite TV show?

Grey's Anatomy.

What's the most interesting job you've ever had?

The most interesting job I've ever had was becoming a mom. It's definitely a full-time job, and I love it.



Describe your perfect day.

My perfect day would be waking up, drinking a cup of coffee, and watching the sun rise, then taking my kids to the park and taking in nature. Then I'd enjoy the sun going down with a nice glass of wine, put the kids to bed, and have some me time to binge-watch my favorite show.

What is your favorite food?

My favorite food is my Nana's spaghetti. Her homemade meatballs were heaven.

What's something people might be surprised to learn about you?

I have an artistic mind and am very creative.

Who is someone you look up to? Why?

The person I look up to most is my mother. I've learned so much from her, and if I turned out anything like her, I would be happy. She is truly my hero.



Server

What is your favorite song or band?

My favorite song is "November Rain" by Guns N' Roses, and my favorite bands are Pink Floyd and Shinedown. I love music.

What's the last thing you were really excited about?

The last thing I was excited about was having my daughter.

What's something you're looking forward to?

Something I'm looking forward to is seeing my kids grow up. I can't wait to see where they go in life and what adventures we will get into. They definitely keep me going.





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MEET THE MANAGEMENT TEAM

Ever wonder just who's in charge around here? Meet the Meadia Heights Management Team! Our goal is to do everything we can to make the club Your Home Away from Home. If there is anything we can do to improve your experience, please don't hesitate to get in touch!



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Don't Be *That* Guy (or Gal)

Meadia Heights Rules to Keep Things Fun for Everyone

by Scott Sklar, Head Golf Professional



Entering the Parking Lot

- Enter the parking lot through the correct entrance. Do not enter from the exit-only side.

Bringing Guests

- If you have a guest, check into the golf shop and let us know how you would like to pay for them.
- Make sure your guest is wearing the proper golf attire — shirt tucked in, hat the correct way.
- **Weekend Rules**
 - 1 guest per foursome before 10:00 am on Saturdays.
 - 2 guests per foursome before 10:00 am on Sundays.

Driving Golf Carts

- On the par 3s, drive on the cart path only. The golf staff has noticed several members driving on these holes, and it is not allowed.

For the next three items, I want to distinguish between a competitive round and a casual one. Players absolutely cannot do these things in competitive play. But even in casual play, they are bad habits to get into, and they are strongly discouraged by the golf staff.

Fluffing Your Lie in the Rough (Or Anywhere on the Course)

- Fluffing your lie should really never be done. The golf staff is most concerned about it in tournament play, but also in any event or game where money is on the line, including sweeps games.
- If you see someone fluffing their lie in an event, please tell that person and/or report it to the golf shop staff.
- Never fluff your lie when you are posting a round.
- It is a two-stroke penalty if your ball at rest is moved, and it must be replaced.

Giving or Picking Up Putts

- The only format you are allowed to pick up putts is match play.
- In casual rounds, it is okay to give a short putt, but highly discouraged.
- In any stroke play event that we post scores for you, whether it's a tournament or sweeps game, all putts must be holed out. The golf staff will start being stricter about this.

Posting Scores Inaccurately

- Playing your best at all times is how the game should be played.
- A Handicap Committee will be formed at the end of 2023 to ensure stricter practices at Meadia Heights.

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