

# AQUATICS 2024

MEADIA HEIGHTS GOLF CLUB



## **Don't just plan your *summer now*, plan your *family summer*.**

The 2024 swim season at the Meadia Heights Golf Club Aquatics Center pool will be filled with exciting events for everyone, from kids to grandparents. Our Aquatics Director, Skip Lehmann, and our new Camp Director, Annie Lehmann, have scheduled plenty of fun for the whole family!

The pool's professionally trained lifeguards and friendly staff will help to ensure you and your children enjoy a safe summer of swimming!

Please note: All children **under the age of 11** must pass a proficiency test to show their swimming ability. The test must be conducted by a member of the aquatic staff and passed prior to the swimmer's first use of the Meadia Heights Golf Club Aquatics Center pool.

The Meadia Heights Golf Club Aquatics Center pool allows children **under the age of 10** to be in the pool as long as a responsible caregiver accompanies the child.

**Swim diapers** are permitted in the pool if a secure plastic covering is over the diaper.

## **Memorial Day Opening Weekend** (Weather Permitting)

**May 25 – May 27: 11:00am – 7:00pm**

Enjoy the first days of summer poolside as we “Blast Off” on an exciting and memorable swim season!

## **Regular Pool Hours** (Weather Permitting)

**Tuesday, May 28: Pool Closed**

**May 29 – September 1: 11:00am – 7:00pm**

*\*Pool is closed on Mondays, with the exceptions of Memorial Day & Labor Day.*

## **Shenk's Hole Hours** (Weather Permitting)

**June 14 – September 2**

**Tuesday – Sunday: 11:00am – 7:30pm**

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## IMPORTANT DATES AND INFORMATION



### 4th of July Family Races

**Thursday, July 4: 2:30pm – 4:00pm • Pool reopens afterward until 7:00pm**

Children's races for ages 3 and up, as well as adult and family events. Watch for future announcements for a list of races and prizes.

### Family Pajama Relays

**Saturday, July 27: 11:30am – 12:30pm**

Awards for children and adults! All participants must swim in their PJs; special awards given in different categories. Skip and the management team will kick off the event in their PJs, too! More details to follow.

*\*Must have at least one parent participating to qualify. No "adopting" of parents or children allowed.*

### More Information Coming Soon About...

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### "Nick Name" Family Swimming Relays

**August**

Details to follow.

### Movie Nights

Adults and children will have their own movie nights (weather permitting).

Dates and details to follow.

### Cocktail Nights by the Pool

**June and July**

Dates and details to follow.

### Jazz & Cocktails by the Pool

**August**

Dates and details to follow.

### Labor Day Family Races

**Sunday, September 1**

Details to follow. Pool closes for the season Monday, September 2.

# AQUATICS 2024

SWIM LESSONS - LET'S HAVE A BLAST!



## PLEASE NOTE:

If your child is enrolled in the Meadia Heights Kids Discovery Camp, they will be taught the appropriate Level 1, 2, or 3 swim lessons. ALL SWIM LESSONS WILL BE TAUGHT TO THE STANDARDS OF THE AMERICAN RED CROSS.

## Individual & Group Swim Lessons

All swim lessons will be taught by a certified WSI American Red Cross instructor or instructor's aide.

### Tuesday – Sunday By Appointment

Complete the Swimming Lessons Registration Form, entering the names and ages of your children wishing to participate as well as their current swimming level. All lessons must be scheduled through Skip, our Aquatics Director. When requested, lessons will be assigned to a specific instructor, if possible.

All lessons will be conducted as scheduled, weather permitting. In the event of rain, there is no charge for the lesson, but staff will attempt to call the member and schedule a makeup date; it is important that all contact information is correctly entered on the Registration Form. **A cancellation period of 24 hours is required for all lessons; otherwise the full fee will be charged.**

## Private & Semi-Private Lessons

Tuesday – Friday: Between 9:00am – 12:00pm (by appointment only)

Saturday & Sunday: Between 10:30am – 3:30pm (by appointment only)

**Private Lesson: 30 minutes in length.....\$40/lesson**

**Semi-Private: 45 minutes in length.....\$30/student** (limit of 2 students)

**To schedule lessons, contact Skip Lehmann, Aquatics Director.**

## Group Lessons

**\$20/student** (50-minute sessions)

Group lessons are limited to a maximum of 4 students per session, and a minimum of 3 students. Group levels and times will be determined prior to the opening of the season as interest dictates. **See levels of instruction below.**

## Swim Lessons Instructional Levels

When signing up for lessons, please indicate which type of lesson you have chosen and your child's level of skill. For additional information, please contact Skip via e-mail at: [Pool@meadiaheights.com](mailto:Pool@meadiaheights.com) or [Slsuccess@aol.com](mailto:Slsuccess@aol.com).

Level 1	Level 2	Level 3	Level 4
<b>Basic Beginner Swimmer</b> Basic survival skill fundamentals	<b>Beginner Swimmer: Advanced</b> Skills for safety	<b>Advanced Swimmer/ Stroke Recognition</b> Swim length of pool; freestyle, breaststroke & other important skills	<b>Proficient Swimmer</b> Mastery of 3 strokes: freestyle, breaststroke & backstroke

# AQUATICS 2024

## 2024 SWIM LESSON FORM



**Member Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Child's Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_ **Age:** \_\_\_\_ **Current Grade:** \_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Mother's Name:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Father's Name:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Emergency Contact 1:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Emergency Contact 2:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

### Description of Swim Levels

Please indicate child's swim experience by checking the appropriate box below:

**Level 1 - Basic Beginner Swimmer**

Basic survival skill fundamentals

**Level 2 - Beginner Swimmer: Advanced**

Skills for safety

**Level 3 - Advanced Swimmer/Stroke Recognition**

Swim length of pool; freestyle, breaststroke, and other important swimming skills

**Level 4 - Proficient Swimmer**

Mastery of 3 strokes: freestyle, breaststroke, and backstroke

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# AQUATICS 2024

## 2024 SWIM LESSON FORM



**Please describe the swimming skills your child has mastered:**

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**Does your child have any special needs / health considerations that the instructors need to be aware of?**

YES     NO

**If yes, please state:** \_\_\_\_\_

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**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

*\*The Meadia Heights Aquatics Program is an Authorized Provider Program through the American Red Cross.*

